



Healthy Cleanse

Feel healthier in 7 days*

GET TO KNOW HEALTHY CLEANSE

Are you looking for a clean start? If you're looking for digestive support, looking to jump start your weight loss or simply want to feel more energy, try the **Healthy Cleanse**. Our Healthy Cleanse combines a carefully selected combination of Shaklee supplements with a supporting diet plan in order to help you **feel healthier in 7 days**.*

The Healthy Cleanse is designed to:

- Support healthy digestion^{†*}
- Help jump start weight loss^{†*}
- Help increase focus and energy^{†*}
- Help with hunger management^{†*}
- Help improve sleep quality^{†*}

The Healthy Cleanse kit contains:

- **Optiflora Probiotic Complex** to help promote healthy intestinal activity and good digestive health.*
- **Liver DTX Complex** to help maintain normal liver function. Key ingredients help maintain bile flow, an integral part of digestion and protect the liver from toxins.*
- **Alfalfa Complex** helps provide a wide variety of nutrients, including calcium, phosphorus, vitamins, chlorophyll, and bioflavonoids.
- **Herb-Lax** to encourage a mild cleansing action to aid the body's natural processes.*

YOU MAY ALSO CONSIDER

For continuing nutritional support to help you feel healthier every day during and after your Healthy Cleanse, choose from one of the following plans:

- **Shaklee Life Plan™**: The best, most comprehensive nutritional system in the world. Feel younger, longer with nutrients clinically proven to help provide the foundation for a longer, healthier life. Features **Shaklee Life-Strip™** plus **Life Energizing Shake**. [Learn more](#)
- **Shaklee 180® Turnaround™ Kit**: Designed to help you achieve a healthy weight the right way with the nutrition you need to burn fat and not muscle. The Shaklee 180 Turnaround Kit is powered by **Leucine** to help your body retain lean muscle while you slim down. [Learn more](#)
- **Vitalizing Plan**: Advanced nutrition for daily health. Feel healthier and more energized every day with Vitalizing Plan featuring **Vitalizer™** supplement strip plus **Life Energizing Shake**. [Learn more](#)

THE SHAKLEE DIFFERENCE



The power of nature,
unleashed by science.
Safe. Proven. Guaranteed.

At Shaklee, we are committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards—conducting over 100,000 quality tests per year to ensure our products are safe for you and your family.

In a 30-day pilot clinical study:[†]

- 80% of participants experienced **improved energy** levels and **decreased cravings**
- 72% of participants felt improvements in **hunger management**
- 60% of participants felt improvements in **mood**
- 74% of participants felt improvement in **quality of sleep** and **clarity of thinking**

[†]Based on a pilot study conducted by three Shaklee Distributors, a medical doctor and two nutritionists, under the supervision of Shaklee Medical Affairs.

Healthy Cleanse

Feel healthier in 7 days*

LEARN MORE

Visit the Healthy Cleanse section in Healthy Solutions on Shaklee.com

IS HEALTHY CLEANSE RIGHT FOR YOU?

- ✓ If you're looking for digestive support or looking to kick-start your weight loss
- ✓ If you're looking for hunger management support
- ✓ If you're looking for improvement in focus, mood, sleep or energy

ORDER NOW

#89413 English

#89420 Spanish

Healthy Cleanse (includes Optiflora Probiotic, Alfalfa Complex, Liver DTX, and Herb-Lax)

Suggested Retail Price: \$93.70 | Member Price: \$79.70

Point Value: 61.25



No artificial colors, sweeteners, or preservatives added.

Herb Lax®

Supplement Facts



Serving Size: 4 Tablets Servings Per Container: 15 (60)

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%**
Dietary Fiber	1 g	4%**
Calcium	20 mg	2%
Iron	0.36 mg	2%
Sodium	10 mg	<1%

Herb-Lax® Enhanced Proprietary Blend 1.7 g †
 Senna leaf powder (*Cassia angustifolia*), standardized to contribute 16 mg total sennosides, Licorice root powder (*Glycyrrhiza glabra*), Buckthorn bark powder (*Rhamnus frangula*), Alfalfa leaf powder (*Medicago sativa*), Fennel seed powder (*Foeniculum vulgare*), Anise seed powder (*Pimpinella anisum*), Rhubarb root powder (*Rheum palmatum*), Blue malva flower powder (*Malva sylvestris*), Culver's root powder (*Veronicastrum virginicum*)

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Values not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, CORN SYRUP SOLIDS, KARAYA GUM.

Alfalfa Complex

Supplement Facts



Serving Size: 10 Tablets

Servings Per Container: 33 (70)

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	2 g	<1%**
Dietary Fiber	<1 g	4%**
Calcium	300 mg	30%
Phosphorus	200 mg	20%
Sodium	20 mg	<1%
Alfalfa Powder (<i>Medicago sativa</i>) (leaf)	3 g	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, TRICALCIUM PHOSPHATE, FRUCTOSE, SPEARMINT OIL (*MENTHA SPICATA*) (LEAF).

Liver DTX® Complex

Supplement Facts



Serving Size: 3 Caplets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%**
Sodium	5 mg	<1%
Milk Thistle Extract (<i>Silybum marianum</i>) (seed)	300 mg	†
DTX® Enhanced Proprietary Blend	900 mg	†
Schizandra Extract (<i>Schizandra chinensis</i>) (fruit)		
Dandelion Extract (<i>Taraxacum officinale</i>) (root and leaf)		
Reishi Mushroom Extract (<i>Ganoderma lucidum</i>) (cap and stalk)		
Turmeric Extract (<i>Curcuma longa</i>) (rhizome)		
Artichoke Extract (<i>Cynara scolymus</i>) (leaf)		

**Daily Values are based on a 2,000 calorie diet.

†Daily Values not established.

OTHER INGREDIENTS: MALTODEXTRIN, MICROCRYSTALLINE CELLULOSE, ACACIA GUM, CROSCARMELLOSE SODIUM.

Optiflora® Probiotic Complex

Supplement Facts (Optiflora Probiotic)



Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	% Daily Value
<i>Bifidobacterium longum</i>	250 million	†
<i>Lactobacillus acidophilus</i>	250 million	†

†Daily Values not established.

OTHER INGREDIENTS: PALM OIL, GELATIN, GLYCERIN, SOY LECITHIN, PECTIN.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.