



Life Energizing Shake™

Delicious Meal Shake with Pre- and Probiotics

GET TO KNOW LIFE ENERGIZING SHAKE

One shake does it all. **Life Energizing Shake** is a delicious, protein-rich meal shake with **nutrients clinically proven to help create the foundation for a longer, healthier life.**

With delicious flavors to choose from, Life Energizing Shake increases energy and keeps you feeling full and satisfied. Available in soy and non-soy formulas.



- Increases energy with 24 grams† of protein, including 16 grams of **ultra-pure, proprietary, plant-based, non-GMO protein** with precise ratios of all 9 amino acids
- Supports digestive and immune health with a powerful, patent-pending combination of prebiotics and **one billion CFU of patented probiotics**



- Retain lean muscle and achieve a healthier weight with added **leucine**
- Support heart and brain health with **omega-3 ALA**

THE SHAKLEE DIFFERENCE



**The power of nature,
unleashed by science.
Safe. Proven. Guaranteed.**

At Shaklee, we are committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards—conducting over 100,000 quality tests per year to ensure our products are safe for you and your family.

Life Energizing Shake

- 16 grams of proprietary, **ultra-pure, plant-based, non-GMO protein** with precise ratios of all 9 essential amino acids for high protein quality
- Added leucine**
- One billion CFU of patented probiotics:**
 - 780 times more viable than the probiotics found in yogurt
 - Clinically tested probiotic that builds its own protective coating, allowing it to survive passage through stomach acid to reach your lower digestive system
- Patent-pending pre- and probiotic combination
- Patent-pending non-soy, plant-based protein blend

†When prepared as directed with 1 cup nonfat milk

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The Non-Soy Life Energizing Shake—Powerfully complete vegetable protein

Our exclusive, patent-pending blend of non-GMO, non-soy protein is rich in sacha inchi, potato, rice, pea, and leucine.

Both soy and non-soy versions:



NON-GMO



Gluten free



Lactose free



Kosher



Low glycemic



Free of artificial sweeteners, preservatives, and flavors

EVEN BETTER TOGETHER

LEARN MORE



Watch the Life Plan video.

The Shaklee Life Plan™ is the result of the foremost scientific research and decades of studies, with **35 patents/pending** and **nutrients clinically proven to help provide the foundation for a longer, healthier life.** With the combination of the Shaklee Life Energizing Shake and the Shaklee Life-Strip™, the Life Plan is **the best, most comprehensive nutritional system in the world.**

Along with the benefits of the Life Energizing Shake, the Shaklee Life-Strip delivers pure, potent vitamins, minerals, polyphenols, antioxidants, and phytonutrients to help support optimal health. Life-Strip includes:

- **Vivix®** liquigels for cellular health, healthy aging, vision health*
- **OmegaGuard Plus** for heart and brain health*
- **Advanced Multivitamin Vita-Lea Life** for complete nutrition, bone and joint health*
- **B+C Complex** for immune health and energy*

Life Energizing Shake™

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IS LIFE ENERGIZING SHAKE RIGHT FOR YOU?

- ✓ If you are looking for support to achieve a healthier weight
- ✓ If you are looking for added immune and digestive support, along with added support for heart and brain health
- ✓ If you are interested in a healthy meal or snack on-the-go to help stay energized

ORDER NOW

Shaklee Life Energizing Shake Soy Canister

#21261 Vanilla, #21264 Chocolate, #21267 Strawberry,
#21270 Café Latte | 15 servings

Suggested Retail Price: \$50.35

Member \$42.80 | Point Value: 29.22

Shaklee Life Energizing Shake Non-soy Canister

#21275 Vanilla, #21277 Chocolate | 15 servings

Suggested Retail Price: \$61.95

Member: \$52.65 | Point Value: 36.42

Shaklee Life Energizing Shake Soy Pouch

#21263 Vanilla, #21266 Chocolate, #21269 Strawberry,
#21272 Café Latte | 30 servings

Suggested Retail Price: \$91.20

Member: \$77.50 | Point Value: 53.62

Shaklee Life Energizing Shake Non-soy Pouch |

#21274 Vanilla, #21276 Chocolate | 30 servings

Suggested Retail Price: \$117.70

Member \$100.00 | Point Value: 69.18

LEARN MORE



[Try our delicious recipes](#)

Visit the [Life Energizing Shake Product page](#) to see Nutrition Facts for all varieties.

Nutrition Facts (Vanilla Soy Pouch)



Serving Size: 2 Scoops (43 g)

Servings Per Container: 30

Directions: Mix 2 scoops in 1 cup of nonfat milk or your favorite beverage.

Amount Per Serving	Mix Alone	with Nonfat Milk
Calories	170	260
Calories from Fat	30	30
Amount Per Serving/% Daily Value*		
Total Fat	3 g/5%	3 g/5%
Saturated Fat	0 g/0%	0 g/0%
Trans Fat	0 g	0 g
Polyunsaturated Fat	1 g	1 g
Monounsaturated Fat	1.5 g	1.5 g
Cholesterol	0 mg/0%	5 mg/2%
Sodium	240 mg/10%	340 mg/14%
Potassium	310 mg/9%	690 mg/20%
Total Carbohydrate	18 g/6%	30 g/10%
Dietary fiber	6 g/24%	6 g/24%
Soluble Fiber	4 g	4 g
Sugars	10 g	22 g
Protein	16 g/32%	24 g/49%
	% Daily Value*	% Daily Value*
Vitamin A	10%	20%
Vitamin C	35%	35%
Calcium	35%	60%
Iron	10%	10%
Vitamin D	35%	60%
Vitamin E	35%	35%
Thiamin	35%	40%
Riboflavin	35%	60%
Niacin	35%	35%
Vitamin B ₆	35%	40%
Folate	35%	40%
Vitamin B ₁₂	35%	50%
Biotin	35%	35%
Pantothenic Acid	35%	45%
Phosphorus	35%	60%
Magnesium	35%	40%
Zinc	35%	40%
Selenium	35%	45%
Copper	35%	35%
Manganese	35%	35%
Chromium	80%	80%
Molybdenum	35%	35%
Chloride	8%	8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: SHAKLEE PROPRIETARY NON-GMO PROTEIN BLEND (SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, L-LUCINE, RICE PROTEIN CONCENTRATE), NATURAL CANE SUGAR, SHAKLEE PROPRIETARY PREBIOTIC AND PROBIOTIC BLEND (SOLUBLE CORN FIBER, SHORT-CHAIN FRUCTOOLIGOSACCHARIDES, MALTODEXTRIN, BACILLUS COAGULANS GB-30 6086), HIGH OLEIC SUNFLOWER OIL POWDER, DICALCIUM PHOSPHATE, NATURAL FLAVOR, SOY LECTHIN, MILLED GOLDEN FLAXSEED, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, SILICON DIOXIDE, ASCORBIC ACID, SELENIUM YEAST, REBAUDIANA A (STEVIA EXTRACT) LEAF, D-ALPHA TOCOPHERYL ACETATE, MOLYBDENUM YEAST, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, VITAMIN B₁₂, MANGANESE SULFATE, VITAMIN D₃, CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN.